AUSTRALIAN WOMEN AND MIGRA

A December 2022 survey commissioned by women's healthcare company, Organon, reveals the social, economic and physical impact of migraine on more than 1,000 Australian women aged 21-50.1

Migraine is a neurological disorder experienced by almost 5 million (or 1 in 5) people in Australia.2 Most of these people (7 in 10) are women.2

For Australian women, migraine can affect every facet of their life, interfering with their ability to work, study, care for family, or enjoy a social life.1

In fact, most people with migraine experience what is called episodic migraine, which means they can endure up to 14 days with migraine symptoms each month.3





MIGRAINE IMPACT

The survey reveals the extensive impact of migraine on Australian women.

WORK

62%

3 in 5 women experience migraines at work. Of these:1

60%

Over half admit to losing concentration.1

48%

Just under half feel comfortable speaking to their manager about their migraine.1

41%

2 in 5 say living with migraine has negatively impacted their career prospects including promotions and bonuses.1



PLAY

69%

More than two thirds of women feel they miss out on being able to enjoy time with family and friends.1



CAREGIVING -----

71%

Most mothers say they feel guilty about missing time with family and friends when they have a migraine.¹

66%

Two thirds have had to make alternative arrangements for their families such as school pick-up. sports and meals.



MIGRAINE MANAGEMENT

The survey also reveals that a migraine can take up to nine hours to manage symptoms, with 4 in 5 women needing to isolate themselves in a dark and quiet room to help manage their migraine.1

Of the 80% of women who reported feeling unsatisfied with how they manage their symptoms: 1



- 70% say they can't stop a migraine attack from occurring.1
- 68% can't reduce their symptoms fast enough.1



61% of women surveyed blame the lack of better solutions as a barrier to managing their migraine.1

Taking treatment at the first sign of a migraine is essential to control symptoms.4 Yet, only 15% of women say they carry their script with them for quick access to treatment.1



PHARMACIST ONLY MEDICINE
KEEP CUT OF REACH OF CHILDREN Maxalt MIGRAINE RELIEF

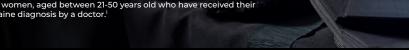
THE GOOD NEWS

Australians diagnosed with migraine can access MAXALT MIGRAINE RELIEF at their pharmacy, available without prescription.

ASK YOUR PHARMACIST ABOUT THIS PRODUCT

RESEARCH SUMMARY

The data in this infographic was sourced from a survey commissioned by Organon which was conducted in December 2022. The survey evaluated the physical, social and economic challenges of a nationally representative group of women living with migraine in Australia. Participants included 1,048 women, aged between 21-50 years old who have received their migraine diagnosis by a doctor.



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